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# Swirl Tips

## EVERGREEN FLY FISHING CLUB

[WWW.GEOCITIES.COM/EFFC2000](http://WWW.GEOCITIES.COM/EFFC2000)

APRIL, 2004

### MEETINGS

General Meeting - 4th Tuesday of the month, 7pm (6pm Wet Fly) Flying Pig Brewery  
Board Meeting - 1st Thursday of the month, 7pm (6pm dinner) Cookbook Restaurant  
Conservation Committee Meeting - 3rd Thursday of the month, 7pm Village Restaurant



**Meeting: April 27<sup>th</sup>, 2004 @ Flying Pig Brewery**  
**Wet Fly – 6:00 p.m. Meeting – 7:00 p.m.**

## April Program – *ENGINEERED LOG JAMS* by Don Scott

Tracy Drury, with GeoEngineers, will share his experience designing, and monitoring Engineered Log Jam projects in the North Fork Stillaguamish and South Fork Nooksack rivers. Tracy has a unique blend of academic and field experience. His expertise is in open-channel hydraulic engineering and river ecology. He is also well versed in fluvial geomorphology and fisheries science. In addition, Tracy has 10-years of construction experience.

Several large-scale LWD projects have been built in large, high-energy river systems to date. These projects have both physical and biological objectives. Physical objectives include flow deflection and separation, reach-scale bank protection, and grade control. Biological objectives included pool formation, hydraulic variability, and the development of refuge areas with structural complexity and cover.

Engineering with large woody debris (LWD) can provide stable, long-term solutions to traditional river management problems. Proper design and implementation can not only achieve the human objectives associated with local infrastructure and property, but also provide vital ecological benefits to the river ecosystems. Implementation of these non-traditional alternatives has helped to alleviate conflicts between protecting habitat and protecting roads, homes and other human infrastructure.



## President's Message

by Jim McGauhey

We're listening to you. For those of you asking for menu changes, this month, and the next 3 months as a test, there's a new item on the list. Many thanks to Don Mathiesen and the Flying Pig staff for this. Don communicated with the Pig the last two months, and wrote the article in this newsletter. The results – enjoy your pizza next meeting! Many Thanks Don!

Thanks also to Don Scott for chairing the Board Meeting earlier this month while I was on vacation. Remember the venue has changed for board meetings. We're now meeting at the Cookbook Restaurant at 1216 Broadway. All members are welcome to attend. Maybe you can't vote, but your comments are welcome on all agenda items, and we welcome your thoughts if you have a new item for our consideration.

Washington State is now offering a chance for a Lifetime Fishing License. It's not something you can buy, it's a fund raising raffle. Ask for details where fishing licenses are sold.

In May we have our Spring Fishout. Make sure you pay for the steak dinner if you plan on attending. You can pay at the next meeting. They're working on the lake, and the camping facilities are great. See you there!

Start now thinking about our auction in October. Do you have fishing gear to contribute? Artwork? How about guiding a trip? Please take a moment to think about any guests you can invite. It's a great way to introduce someone to our club, they might find the item they've been dreaming about, and help line our club coffers.

I was really pleased last meeting to see all our guests. I think we set a record. Some came via the internet, so that's working well. Invite your friends, neighbors, and spread the word. Many shops, in fact, many other clubs, recommend our EFFC to those who inquire about clubs.

See you at the meeting!

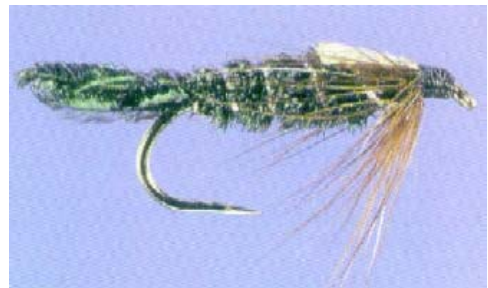


## Fly Tying Contest

by Ken Lease

The winner of the March contest was Dale Dennis, congratulations Dale and Thanks to the others that entered the contest.

The fly for the month of April will be the Zug Bug. The originator of this fly was Cliff Zug who designed it to represent a early season nymph to be fished along weed beds and fairly deep waters. Zug Bugs suggest many different insects, including cased caddis and free-living caddis larvae. This fly is tied on a #6-16, Wet Fly, 2XL Hook.



## Menu Changes

by Don Mathiesen

Thank you for your comments on the menu for our meetings at the Flying Pig.

Based upon these comments, I have arranged with the Flying Pig to add an additional item to the menu that will change from month to month. To not add more burden to the Ghillie, we are continuing with the one price menu (\$13, including tax, gratuity, coffee, meeting room). You will have the choice of the existing 3 items (Chicken Caesar Salad, Curly Tails Fish and Chips, Bacon Cheddar Burger ) or the following:

*April 27 - 7" Pig Pie Pizza.*

*May 25 - Twisted Taco Salad*

*June 22 - 7" Canadian Bacon Pizza*

We will rotate thru these 3 items, one per month, for variety.

Let me know how you like this.

## April Raffle Items

by Mike Benbow

We've got a good draw prize lineup for April, leading off with a bottle of award-winning wine promised by member Pat Maher. I believe this is a bottle of his apple wine, which has won an international gold medal. I've asked Pat to bring this directly to the meeting, because it's so good, I can't be trusted to keep it at home.

Another cool thing this month is a Measure net, which was very popular at the Fly Fishing Show in Bellevue earlier this year. It's a catch and release net which has a ruler printed on the mesh. The size is long and large, assuming that Evergreen Fly Fishing Club members catch fish that are too big for a little net.

My favorite prize is "Spey Flies & Dee Flies" by John Shewey. I love this book so much that even though I bought one last year as a prize, I had to buy another this year. See my review in this edition of Swirl Tips.

There's also a very good video on casting by Joan Wulff. If your stroke is perfect, unlike mine, you still might want this for a friend or relative. Joan Wulff is a very good teacher and this is a good video.

You might also be interested in a fly box with 16 popular dry flies. There's also a sleeve for a three-piece rod, a tube of reel lube and some nippers on a zinger. By my count, that's 10 prizes. Thank the board of directors, which decided that people who buy raffle tickets will get more and better prizes this year. And thank Pat for agreeing to donate some very popular wine.

## Spring Fishout- May 15th-Big Twin

by Jesse Scott

We started signups for the Spring Fishout at the March meeting. Part of the signup was choosing whether you preferred a potluck dinner or the traditional steak dinner on Saturday night. So far 13 people have signed up and 11 preferred the steak dinner option. The signup sheets will be on the tables at the April meeting, this will be your last chance to sign up. If you plan on attending, but can't get to the meeting just call Jesse Scott at (425)

745-6092. I need to know how many people in your group and what your dinner choice is. The option with the most votes is what we will prepare. The steak dinner option will probably cost about \$15. We'll collect at the dinner table.

There's still time to volunteer to help with the dinner preparation. Just put an "X" in the Volunteer column on the signup sheet. No fair signing up your buddy as a volunteer! Hope to see you at Big Twin.

## Book Review

by Mike Benbow

**"Spey Flies & Dee Flies"**  
by John Shewey.  
Frank Amato Publica-  
tions Inc. 2002



There are a lot of books on fly fishing these days, but not enough from John Shewey. Shewey, who lives in Oregon, is the real deal. Unlike a lot of books, which just seem to be rehashed material from someone else, Shewey ties the flies and fishes the flies. He's also a good writer who gets to the very essence of his topic.

Take for example, his description of a Spey fly: "From a stylistic standpoint, Spey flies are defined by their simple elegance; yet this elusive quality is the very thing that many fly dressers struggle to perfect."

I also like his attitude about steelhead — "A steelhead is too fine a gamefish to be insulted with ugly flies," he wrote.

Shewey has done his homework in this book, describing how the flies were developed specifically for fishing the Spey and Dee rivers in Scotland. Many of the old patterns are included, with all the information about the materials and techniques needed to tie them.

The book does a great job of giving enough history, but not too much, and then going on to the contemporary use of the flies. Even if you don't tie flies yourself, the book is a wonderful reference to how these flies were developed and enhanced for local steelhead in the Northwest.

Shewey looks at the work of such tiers as the late Syd Glasso of the Olympic Peninsula and the late

Walt Johnson, who developed some beautiful flies specifically for the North Fork of the Stillaguamish.

Local angler Steve Gobin, a superb tyer and bamboo rod builder who lives on the Tulalip Tribes Reservation, has several flies in the book. This book will be one of the items in the April raffle. If you don't win it, you really should consider getting one for your home library.

## Membership Report – April 2004

*by Mark Simpson*

Please welcome our three newest members accepted at this month's board meeting. Rick Mathias, a resident of Marysville, brings 10 years of fly fishing experience to our club and enjoys fishing lakes. Rick enjoys fly tying and collecting fishing books and magazines. Larry Roxby, who lives in Shoreline, has been fly fishing 33 years. He prefers lake fishing on light tackle but river fishes almost as much. Larry also collects books, is an avid fly tier, and is a member of TU. Paul Thompson, our third newest member, is from Bothell. Paul is just getting started in fly fishing and enjoys both river and lake fishing. Paul is a member of the Stilly-

Snohomish Fisheries Enhancement Task Force and a member of the American Rhododendron Society Seattle Chapter. Let's all welcome these guys to the club. Also at the board meeting Steve Edgcomb and Stephen Crane were re-accepted into the membership.

Rick Mathias-15629 62nd place NE, Kenmore, WA 98028. Home phone (425) 488-4453. E-mail [rtmathias@comcast.net](mailto:rtmathias@comcast.net). Sponsor is Jerry Buron.

Larry Roxby- 17523 7th Ave NE, Shoreline, WA 98155. Home phone (206) 362-5856. E-mail [solfishy@earthlink.net](mailto:solfishy@earthlink.net). Sponsor is Jerry Solie.

Paul Thompson- 23209 53rd Ave SE, Bothell, WA 98021. Home phone (425) 481-9075. Sponsor is Jesse Scott.

Stephen Crane – 163 N Lake Grove Rd, Camano Island, WA 98292. Home phone (360) 387-5746. E-mail [scrane@usmarine.com](mailto:scrane@usmarine.com).

## EFFC 2004 Schedule of Activities

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
May 15-16 <sup>th</sup> Sat-Sun	Spring Fishout	Big Twin (Winthrop)
June 26 <sup>th</sup> Sat	NF Stilly Cleanup - <i>Breakfast</i>	Charlie Ricketts' place
July 25 <sup>th</sup> Sun	Summer Fishout & Meeting	Gordy Swanson's – NF Stilly
Aug 21 <sup>st</sup> Sat	Unofficial Saltwater Searun Cutthroat Fishout	
Sept 12 <sup>th</sup> Sun	Cutthroat Fishout	Stillaguamish River
Sept 17-19 <sup>th</sup>	EFFC-McKenzie Fishout	North Umpqua River, Oregon
Oct 9-10 <sup>th</sup> Sat-Sun	Unofficial Dry Falls Fishout	Dry Falls Lake

## Conservation Report

*by Jesse Scott*

### Youth Conservation Camp Signups

Nominations are now being accepted for the club-sponsored trips to the Youth Conservation Camp on Orcas Island. We sponsor 4 children each year and they are chosen from children nominated by



you. The child must be at least 12 years old by July 1st, 2004 and not yet 17. The Camp is at Moran State Park on Orcas Island and runs for 7 days. Classes may include firearm and archery safety, hiking, outdoor survival, ecology and water safety, first aid, fly tying and casting, and leadership skills.

The Girls Camp begins on July 18th and runs until July 24th. The Boys Camp runs from July 26th to July 31st. Please call Jesse Scott at (425) 745-6092 or e-mail me at [gardenfly@msn.com](mailto:gardenfly@msn.com) if you have a child you want to nominate. Nominations

will be accepted until June 1st. The Conservation committee will make the final selections. If you have any questions ask Joe Bly, he attended a few years back.

## May 15th is Fishing Kids Day

The annual Fishing Kids day at Silver Lake is set for May 15th. The event is open to children between the ages of 5 and 14 years old. Each child must pre-register and receive a fishing start time. The event is limited to the first 500 children. Additional information is available by calling Everett parks at (425) 257-8300.

Now the hard part, WE NEED VOLUNTEERS to help bait hooks, demonstrate fly tying, and casting. Volunteers are requested to arrive at 7:30 and the last group of children, finishes fishing at 3:15. If you can't make the 7:30 start time, then come later and contact Carlos Ditto to fit in as needed. If you have any questions call Carlos Ditto at (425) 339-1270 or ditto.cl@verizon.net. There will be signup sheets at the April meeting.

## Boy Scout Assistance

We received a request from the Scout Master of Troop 83 in Sultan for assistance in conducting a fly fishing class. Troop 83 is going to Yellowstone Park in June and they want to try fly fishing while they are there. The classes would be held at a Church in Startup on Tuesday evenings from 7 to 8:30. They also meet one weekend a month. There are 10 boys ages 13 to 17 and they are fishermen, but not fly fishermen. They would need instruction in safety, knots, equipment, casting, and fly selection/fishing.

If you can help in any way please contact Jesse Scott at (425) 745-6092 or [gardenfly@msn.com](mailto:gardenfly@msn.com).

I'll have a signup sheet at the April meeting, but that's not until April 27th. If possible give me a call as soon as you can so we can get an idea of how much support we can offer.

## Note Note Note

The Conservation Committee meeting is moved to April 22nd . Location remains the same.

## Seven Basic Laws of Fishing

*from the Reel Lines newsletter of  
the Arizona Flycasters Club*

1. Results are proportional to time spent. That doesn't mean that if you fish more than me you will catch more than me. It simply means the more you fish the more you will catch
2. The best time to go fishing is whenever you get the chance. Remember the results of rule #1.
3. The sun sets faster when fishing than at any other time . Another way to say this is as often we see on car bumpers - the worst day fishing beats the best day working.
4. Don't practice when fishing. You can practice at any time. Don't waste time when fishing. Remember rule #1.
5. The best fishing is often done in the telling. Who wants a great day fishing if you can't tell someone about it from time to time.
6. Fish are caught when your fly is in/on the water. Don't spend time fishing "not fishing."
7. The single, most effective technique in fishing is "one more cast, just one more cast."

So go fishing often, stay late. Don't stop because the weather is bad, it will get better soon. Don't stop because you're hungry, eat while you keep on fishing. Don't stop because they're not biting, that will change soon so keep on fishing. Finally, when you can't see, your friends have left, your spouse has disappeared, your dog is gone, remember there is always time for "one more cast, just one more cast."



# Evergreen Fly Fishing Club

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**Dale Dennis and his son Troy at Lake Lenice last month.  
Oclair Enstad took the photo.**