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Swirl Tips

EVERGREEN FLY FISHING CLUB

WWW.GEOCITIES.COM/EFFC2000

JULY, 2005

MEETINGS

General Meeting - 4th Tuesday of the month, 7pm (6pm Wet Fly) Flying Pig Brewery
Board Meeting - 1st Thursday of the month, 7pm (6pm dinner) Petosa's Restaurant
Conservation Committee Meeting - 3rd Thursday of the month, 7pm Village Restaurant



Meeting: July 24th, 2005 @ NF Stilly (Gordy's)
Weigh-in - 5:00 PM Dinner - Follows

July Meeting & Fishout

by Eric Nordstrom

This month is the traditional, and always fun, club summer fishout and meeting at Gordy Swanson's property on the North Fork Stillaguamish. It will be on Sunday, July 24th, which is one week before the McKenzie fishout (see following article on page 3). A map to Gordy's property is on the back page of this newsletter. A full steak dinner will be prepared for those of you that have ordered them through Jesse Scott. If you haven't ordered one yet, read Jesse's article below.

Last Call For Steaks

by Jesse Scott

If you want a steak dinner at the Sunday, July 24th fishout / meeting please give Jesse Scott a call at (425) 745-6092 or e-mail me at gardenfly@msn.com. The menu will be steak, baked potato, salad, beans, rolls and cake, all for about \$10. You can pay at the door. Dinner will be served at 5 pm and will be followed by the meeting and raffle. I'll need to close the orders by Friday, July 22nd.

Fly Tying Contest

by Rob Gamage

John Townsell was the winner for the June Fly tying contest! Well done, congratulations John!

There won't be a contest for the month of July because, as most of you know, were having the Summer Fish-out on the North Fork of the Stillaguamish this month. That presents a great opportunity for you guys to take plenty of time and perfect your entries for the month of August, which will be "Your Favorite Hopper."

Also just a reminder, or excuse buster, however you want to see it, the E.F.F.C. calendar has all of the upcoming contest patterns in it!

You can find them listed on the date for each month's meeting. The only months that we don't hold fly tying contests are; July (Summer Fish-out), October (Annual Fundraising Auction), and December (Awards Banquet and Christmas Party).

I hope we'll all have a bunch of your creative entries to see at August's meeting! Good luck at the Fish-out!

President's Message
by Sandy Atkinson

Hard to believe we're halfway through the year. It has been a very successful first half for our club. We've had some great fishouts, the conservation committee has been very active, auction planning is well underway, and we have significant plans to recognize our club's 50th year anniversary.

We had a good turnout for the River Clean-up. Great breakfast and lunch at Charlie's place. We even got our picture in the June 29th issue of the Marysville Globe, recognizing our efforts to cleanup river access points on the Stilly for more than 20 years. I have a copy that I will give to the club historian, Gordy Swanson.

As you've heard by now, the Cookbook Restaurant, where we've held our board meetings, has closed its doors after 37 years. I looked into 3 potential locations, and we have decided on the Maple Leaf room at Petosa's restaurant on Broadway in Everett. Starting with the August board meeting, all subsequent board meetings will be at this new location.

We've got back-to-back activities coming up in July. The Summer Fishout and July club meet is Sunday, July 24th. The July club meeting will be on the Stilly at Gordy's property (see attached map). Jesse Scott is coordinating the dinner, which will be at 5:00 pm, followed by the meeting. The next weekend, July 29-31, we will host the Mckenzie club, for the "Kalama Cup" fishing competition also at Gordy Swanson's place. See article elsewhere in this newsletter. This year, it's on our home water - let's take back that trophy!

Summer weather is finally here. So, it should be a great July meeting on the river. See you there!



July Raffle Prizes
by Mike Benbow

This is an abbreviated list of items for the summer meeting on the water.

It includes a kit with several tools, including a nipper, line straightener, forceps and zinger, a beaded lanyard to carry tools during the summer, thereby eliminating the need for a fishing vest. There is also a handy pocket guide to fishing knots.

For steelheaders, there's a fly box with six summer-run steelhead flies.

And for those of us who are going through too many brambles this time of year, there's a tube of UV wader repair stuff.

EFFC 2005 Schedule of Activities

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
July 24 th Sun	Summer Fishout/ Meeting	Gordy's property on NF Stilly
July 29-31 Fri-Sun	EFFC-McKenzie Fishout	Gordy's property on NF Stilly
August 20 th Sat	Unofficial Saltwater Searun Cutt. Fishout	To be announced
September 18 th Sat	Cutthroat Fishout	Haller Park, Arlington
October 8-9 Sat-Sun	Unofficial Dry Falls Fishout	Dry Falls Lake
October 25 th Tue	Auction	Everett Elks
December 10 th Sat	Christmas Party/Awards Dinner	Hawthorne Inn, Smokey Point
Jan 4 – Mar 22 Wed	Fly Tying Classes	Stillaguamish Senior Center
February 25 th Sat	Winter Fishout	Village Restaurant

McKenzie Fishout (Kalama Cup)

by Eric Nordstrom

The annual Kalama Cup fishout with the McKenzie club will be July 29th – 31st. Gordy Swanson will be hosting this year at his property on the NF Stilly and Gordy has said that he will be allowing you to arrive on Thursday, the 28th, and you may stay until Monday, August 1st.

The outing will have a potluck on Saturday at 4pm. The club's large grill will be available for use or to just keep stuff warm. You should remember to bring your own chairs, table, drinks, etc., although plates and utensils will be available.

2nd Annual Salt Chuck Searun Outing

by Dale Dennis

*** date changed to August 21st ***

It's that time of year with the summer heat warming up the lakes and the summer doldrums sets in until fall. This however is the time to begin thinking "Salt Water".

We are fortunate to have some of the best water/beaches in Puget Sound for fly fishing Searun's, Silvers, and this year Pinks. A little exploring and fishing the right tides is all it takes. Yes, it's a lot of water and can be intimidating but once you connect with the salt with the fly it can be as intense and exhilarating of any fly fishing you will experience.

So join us for our 2nd annual salt chuck outing on Sunday August 21st.

The tide is very important and we will be fishing on an out going tide with the high at approximately 6:15 AM. The closer to the incoming tide the more fish catching time you will have.

We will meet at the Village Restaurant in Marysville at 5 AM, yes this is early but as said before tide is important to fishing success. We will launch at the new Marysville launch if it's open by then, if not then it will be at the usual launch under the freeway at the mill in Ebby Slough. If you have any questions call me.

What to Bring:

1. Boat with motor - we will run out the slough to Priest Point approximately 2 miles.
2. Bow anchor - that will hold in current, Danforth style works best.
3. Rods - should have at least two 5 to 6wts, one with full sink one with intermediate.
4. Flies – clouser's are very effective in 2 to 3" size in the following colors: Chartreuse/white, Olive/white, Pink/white, Gray/white with Chartreuse/white being predominate color. Any baitfish patterns in similar size that will match the hatch. If you don't have any of these the Avid Angler is very salt water savvy and will get you what you need.
5. Lunch - we will probably be off the water by 11 AM.
6. Warm clothing - rain gear (goes without saying).

Fish Report, July 9th.

Fished Priest Point on an outgoing with a high tide of 7 AM. We arrived at our destination about 6:30 AM, warm and sunny with flat water, started seeing cutts leaping out of the water immediately after arriving. We used predominantly full sink lines. Predominate fly, chartreuse/white clouser. Fish to 17" with approximately 10 to the net. Many followers and missed takes.



Priest Point July 9, 2005

Thank You Volunteers

by Jesse Scott

The annual river cleanup went off without a hitch. Good food, not much trash, and best of all a great day of socializing. We all owe a big thank you to Charlie Ricketts for hosting the event each and every year. Gordon Swanson and Dale Bly did their annual cooking chores in grand style. Our Conservation Chairman Emeritus, Dale Dennis, kicked off the activities with a well organized briefing on who, what, and where. The Aching Back award goes to Gary Medema for chain sawing all the young alders at the Historical marker site. Ted Lewis volunteered to single handedly take all the trash to the waste site and unload it. Thanks again to each and every one of you and see you next year.

FFF Clubwire

Deet Alternatives

*from the Columbia Gorge
Fly Fishers newsletter*

If you love fishing and the outdoors, but hate mosquitoes and DEET based mosquito repellents there are now alternatives. For the first time, the Centers for Disease Control and Prevention (CDC) is recommending the use of two non-DEET-based repellents. Repellents, containing the chemical picaridin or oil of lemon eucalyptus, according to the CDC offer, long-lasting protection against mosquito bites. Products are containing these two ingredients have long been available in Australia and Europe, but Federal officials have maintained until now that non-DEET repellents were not effective against mosquito bites.

Recent studies have prompted CDC to relent and broaden recommendations for these alternatives. These recommendations couldn't come at a better time, considering the widening threat of West Nile virus. Picaridin repellents are more pleasant to the skin and don't have the odor that DEET repellents have. Oil of lemon eucalyptus is a natural ingredient and appeals to those who don't like the idea of putting chemicals on themselves.

Floating Peacock Snail

*by Eric Schubert – North Idaho Fly Casters
illustrations by Rann Haight*

Some Tasty Escargot for Trout -

Most of us think about snails as those pesky little critters that eat our garden flowers and leave slimy tracks on our walkways. Because of these preconceived ideas, very few fly fishers have ever considered the importance of snails as a viable food source for trout. I must admit that for many years, a snail fly was not a part of my fly fishing arsenal either. All that changed in 1996.

While venting my frustrations at not catching many fish during an outing to a local lake, I decided to sample the stomach contents of a rainbow trout that I caught and eventually released. To my surprise, almost the entire stomach contents consisted of small dark-colored floating snails. All the time while I was at the lake, I had assumed that all of the visible fish rises were to adult midges and sub-surface flies. . You can imagine the frustration of not having any snail patterns with me to entice a large number of cruising trout.

After my relatively uneventful trip, I set out to do some extensive research about the importance of this trout food, as well as fly construction and presentation. One of the most helpful resources was from fly fishing guru, Gary Borger, who has written some extensive articles about the not-so-lowly snail.

I found that, besides being a great delicacy to the gourmet, snails are a highly important trout food. Snails are mollusks placed in the order of Gastropoda. There are both terrestrial and aquatic forms. Of the 283 families of snails, only 14 occupy the freshwaters of the United States, but they are nearly ubiquitous, being absent from only the highest alpine lakes and heavily polluted waters. Snails never occur where the pH falls below 6.2, and are most abundant in alkaline waters where the pH is above 7.0. Snails may inhabit all types of substrates from sand to beds of dense vegetation, but in trout waters they are

most significant where there are abundant aquatic plants. They generally feed on algae and decaying plants.

There are both floating and sinking snails, but in my experience, fish are more attracted to the floating types.

This month's fly pattern is a snail of the floating variety. It is tied on dry fly hooks with a standard shank length in sizes 10-14. In an effort to ensure its floating properties, the underbody consists of cellular foam that is cut into 1/8" wide strips, and is wrapped around the hook shank. The

overbody consists of several strands of peacock herl along with a Krystal Hair rib. To reinforce its floatability, the head area of the fly is constructed from a piece of foam-strip that is tied in a small loop. This is a very easy fly to tie; and is often mistaken as an oversized midge.

The Floating Snail is fished on a floating I have had many pleasurable hours feeding this artificial escargot to local lake-fish and you may have similar experiences. Find a small local lake and use the Floating Peacock Snail; its effectiveness may astound you.

Floating Peacock Snail

This is my favorite type of fly. Simple yet productive.

Start with a Mustad 94349 hook, size #10-14 and G/O olive thread.

PEACOCK HERL

FOAM

CRYSTAL FLASH

LEAVE

Tie on an 1/8" wide strip of closed cell foam for an underbody as well as three peacock herls (body) and a strip of olive Krystal flash (ribbing).

REMOVE

Wrap the foam forward to make a shape larger in front than back - don't cut off the extra foam.

Wrap the peacock herl forward to make the body, then use the Krystal flash as ribbing.

Now take the extra foam and form a small "loop head". Cut off the excess foam. Whip finish the head.

Rann

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Evergreen Fly Fishing Club

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MEET AT SWANSON'S PLACE IN OSO

TO GET TO GORDON'S PLACE
GO TO OSO AND TURN SOUTH AT THE GENERAL STORE
JUST BEFORE THE BRIDGE OVER THE NORTH FORK
THERE WILL BE A GATE ON THE RIGHT

