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www.evergreenflyclub.org

MEETINGS

General Meeting – 4th Tuesday of the month, 7 pm (6 pm Wet Fly hr.) Flying Pig Brewery
Board Meeting – 2nd Tuesday of the month, 7 pm (6 pm dinner) Village Restaurant
Conservation Committee Meeting – 3 rd Thursday of the month, 7 pm Village Restaurant

Meeting: April 28, 2009 @ Flying Pig Brewery
Wet Fly – 6:00 p.m. Meeting – 7:00 p.m.



Inside this issue:

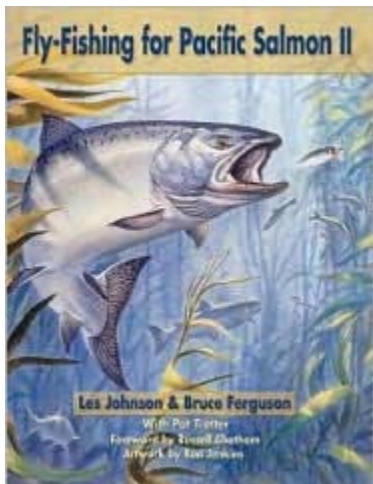
- “Fly Fishing for Pacific Salmon II” Book Review
- “Chironomid” This Months Fly Contest
- “Kids Fishing” Volunteer Time..
- “Rivers of a Lost Coast” Fundraising Event



Book Review By Bob Banks

Fly Fishing for Pacific Salmon II by Les Johnson/Bruce Ferguson

I have a couple of earlier editions of this book on my shelf and after having the opportunity to spend an hour or so with Mr. Johnson at the recent FFF fly tying convention in Albany, OR, I thought I needed to check it out. I must admit I was skeptical about this being “just another” edition, or was it a “new book” with new information.



I was very pleased to find out it was both. The first edition, Fly Fishing for Pacific Salmon (Bruce Ferguson/Les Johnson/Pat Trotter) published in 1985, is for the most part 118 pages of black and white material with a few color plates of flies. It had a great deal of information in it, and some very interesting (also humorous now.... “great hair and glasses”) dated photos. This updated version is 224 pages of information in the excellent books we have come to expect from Amato Publications.

This volume begins with a dedication to our own Bill Nelson (former EFFC member) and references to our Club, and ends with notes on “salmon feed by species” and some very interesting charts on British Columbia run timing. The pages in between are loaded with information on catching all 5 salmon species on a fly, identifying them, when and where to fish for them, how to fish for them, what they eat, when they eat it, and how to present a fly to them.

Some of our club members (Dick Padovan, Jerry Solie, Dale Dennis and likely several others) have spent a lot of time with a fly rod after these fishes in the salt, but many of us have not. Others have targeted them in the estuaries and rivers we are so

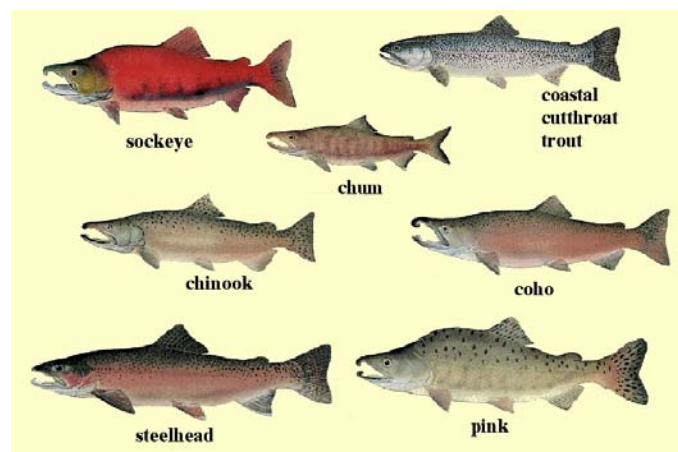
fortunate to have in our backyard. Jerry Buron and I, and several others, have had the good fortune to fish the Harrison River (British Columbia), as well as the Skagit, Snohomish and Stillaguamish systems for salmon. This book will enlighten you on a lot of the aspects you may have been wondering about, but did not want to ask!

The fly patterns are excellent, and represent many of the finest tiers and noted fishermen in our area. They include 175 + patterns for baitfish, Sand lances, Herring, Candlefish, Shrimp, Euphausiids (zooplankton), Amphipods (krill), and even poppers for the surface. Several of these displayed patterns are from former EFFC president (1962) Bill Nelson now in Eugene, OR, and also from former EFFC President (1974) Tim Tullis, now in Qualicum, British Columbia.

I found this book to be very informative and it gives me NO excuse for not pursuing these fishes more diligently in our waters. A boat is not necessary, but will get you around to less popular areas.

Access to some of our rivers may be a bit difficult, but still possible, and there are many beaches with access to the salt. Pontoon boats will work, but be cautious of tides, currents and weather.

Remember, this is an ODD number year, and the PINK (humpie) fishing will be very good (that is an understatement) in late summer and early fall along the beaches, and in the estuaries and rivers. “Fly Fishing for Pacific Salmon II” will give you what you need to know to catch these fun fish (and the other salmon species) as well as when to do it.





Fly Casting Clinic to Support Retreat for Breast Cancer Survivors

Seattle—Casting for Recovery, a non-profit organization that introduces breast cancer survivors to the sport of fly fishing, will hold its fifth annual clinic for fly fishers of all skill levels. 15 nationally certified volunteer instructors will teach casting courses on a variety of techniques, including beginning fly casting, control and presentation, and double haul. Spey Casting is another option. Private instruction is available. Proceeds from the event will support a fly fishing retreat for Washington State breast cancer survivors.

Casting for Recovery is a nation-wide, non-profit program that offers opportunities for women who have had breast cancer to experience emotional and spiritual healing through fly fishing retreats. In addition to psychological benefits, there is convincing evidence that fly fishing can play an important role in the physical recovery of women with breast cancer. The casting motion of fly fishing mimics exercises that help restore mobility.

“As a fly fisherwoman, fly tier, and breast cancer expert, I heartily support Casting for Recovery as one of the best programs for breast cancer survivors that I know,” says Dr. Susan Love, author of *Dr. Susan Love’s Breast Book*.

Casting for Recovery Northwest was established in 1998, has held 10 retreats and benefited more than 120 Washington State breast cancer survivors.

Visit [Casting For Recovery](http://www.castingforrecovery.org) Web site for more information. Or Contact:

Joanne Elston, 206-948-4352, or

Email: marilynvitale@verizon.net

WHAT: Fly casting clinic with nationally acclaimed instructors + Lunch

WHEN: Saturday, April 25th, 2009 from 9:00 a.m. until 3:00 p.m.

WHERE: Tolt-McDonald Park, Carnation, WA



Conservation By Jesse Scott

Each year our club sponsors children to a week long Youth Conservation Camp at Moran State Park in the San Juan Islands. Any club member may nominate a child and the Conservation Committee will make the final selections. The only requirement is that the children be between the ages of 12 and 16. This year we have money to send 6 children. The girls camp is scheduled for July 12 - 18 and the boys camp is July 19 - 25.



The camp website

“<http://www.washingtonconservationcamp.org>” has application forms and additional camp information. Please try to get the completed forms to Jesse Scott by May 15th. If you have any questions give me a call at (425) 745-6092 or “gardenfly@comcast.net”

For Rent By Owner

METHOW FLY FISHERMAN CABIN RENTAL

Located 10 minutes from Winthrop on Studhorse Mtn., overlooking the Methow Valley on a small ranch. Double bed in bedroom, double futon in living room plus loft. With kitchen, TV/DVD, full bath. \$65 per one, \$20 per each person additional, two night minimum. Local fishing information provided by knowledgeable angler, Duncan Bronson, 509 996 3218 or bronson@methownet.com.



Speaker for April By Rob Gamage

Our guest speaker for the April meeting is Chad Jackson. Chad is a WDFW biologist out of the Mill Creek District Office.

Chad will give us a PowerPoint presentation on Lone Lake. He said that if time allows, he can also discuss details of the latest budget cuts the state has in store for our region.

Lone Lake is a favorite of many club members and many members have spent a lot of time and effort to help rid the lake of noxious weeds. Come ask some good questions and get a good seat!



Fly Tying Contest By John Gattinella

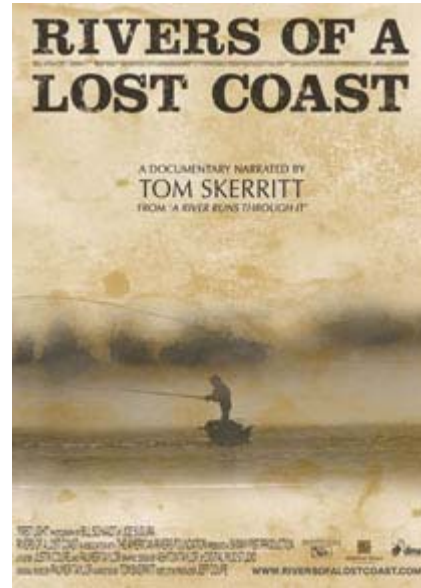
The fly for April is the **chironomid**. Yes, it was last month's as well. Back by popular demand it's your favorite pattern for a second month. We have a lot of lake fishermen in the club who have been doing well at Lone Lake using chironomids. So bring that hot fly to the meeting and enter it in the contest!

Here are some more photos for ideas.



Rivers of a Lost Coast Sent In By Jack Berryman

The Wild Steelhead Coalition will be showing the highly acclaimed documentary film, **"Rivers of a Lost Coast,"**



on Saturday, May 9th in Kane Hall on the University of Washington campus as part of its annual fundraising event.

The producers and narrator, movie and TV star Tom Skerritt, will be in attendance. You may remember Skerritt's role as Rev. Maclean in "A River Runs Through It."

Please come for a pre-screening reception from 6:00-7:45 p.m. in the Walker-Ames Room (Kane 225) that includes catered appetizers, wine, beer, raffles, and silent auctions. This is limited to the first 200. Tickets are \$35.00 and include the movie.

If you would like to attend the movie only at 8:30 p.m. (Kane 120), tickets are \$15.00 and limited to the next 200.

Purchase tickets and get more information at:
www.wildsteelheadcoalition.org

For more information on the film:
www.riversofalostcoast.com



Membership By Mark Simpson

Please welcome our newest member accepted at the April board meeting.

His name is Gary Gaulke (wife - Donna), 17402 N.E. 116th Way, Redmond, WA 98052. Phone (425) 861-0885, email is gardon@comcast.net. He is retired, likes to stream fish, and is looking forward to learning more about the sport. He has been a fly fisherman for 43 years.

Club dues are still overdue for some members. As of this writing most of our members have paid their dues but a few have not yet paid. Calendar year 2009 dues are \$30 for members and \$25 for associate members. Dues checks should be made to EFFC and sent directly to the membership chairman. Please do not send them to the treasurer or to the club's post office box. Please send dues to: Mark Simpson, 2505 5th St, Everett, WA 98201

My current records indicate the following members have still not paid 2009 dues:

Bruce Bell, Thomas Aris

I believe I've kept an accurate list of dues received. Please contact me if you believe your name is included on this list in error.

This is the second and final notice of delinquency. Unless your dues are paid your name will be dropped from the member list 30 days after the date this newsletter is mailed out. Please pay your dues and remain as an EFFC member.



Kids Fishing By Les Bouck

Dear Fellow EFFC Members (hmmm... how do you put "fellow" in politically correct language for all the ladies out there?)—

My name is Les Bouck, and after some arm twisting (rather painful, I might add!) from Carlos Ditto, I have assumed responsibility (at least in art!) or our club's involvement in the annual Fishing for Kids event.

This event is generously sponsored by Everett Parks and Recreation and the Washington Department of Fish and Wildlife, and is a fun time for the whole family. If you have a child or grandchild that you would like to sign up, navigate to <http://www.everettwa.org/>. Space is limited, so do it soon!!

The reason for this article is to present an appeal: We need volunteers who are willing to spend part or even their full day on **May 9th** at **Silver Lake**, basically to show kids how to fish. Duties will involve demonstrating:

- How to rig up a line/attach end tackle (i.e., bobber, swivel, sinker, hook)
- How to select and attach bait to the hook
- How to cast with a spincast reel (without the hook/bait going over the fish holding net!)
- How to reel/bring in a fish
- How to remove a fish from the hook
- How to properly care for a fish once it's been caught

Besides working the "Fishing Line," we also need volunteers to help man (woman?) the fly-tying demonstration booth with Jesse Scott, who (I might add) always does a great job teaching the youngsters how to tie their first fly (where he gets the patience, I'll never know!) I brought some sign-up sheets to our last meeting, but unfortunately only a few of you signed up. Thus (again) the reason for this appeal. If you are interested in helping out, please contact me either by phone [(425) 530-6428] or via email (lwbouck@email.nbc.edu) so I can add your name to the roster.

One more thing: if you can't devote the entire day (roughly from 8 AM to 4 PM) please let me how much time you can volunteer for and what portion of the day, and we'll work you in accordingly.

Thank you for your time in reading this article, and for all of you who will volunteer to *literally* make a kid's day. It's worth it all when you see that grin from ear to ear as a child holds up their very first rainbow trout. Let's make it happen!

Evergreen Fly Fishing Club

PO Box 221

Everett, WA 98206

EFFC Coming Events

<u>Date</u>	<u>Event</u>	<u>Location</u>
May 1 st and 2 nd	FFF Conclave	Ellensburg Wa.
May 9 th Sat.	Fishing Kids	Silver Lake, Everett
June 6 th -7th Sat. Sun.	Spring Fishout	Chopaka Lake
June 27 th Sat.	North Fork Stilly Cleanup	Charlie Rickett's place
July 11 th Sat.	Unofficial Saltwater Searun Fishout	Marysville Launch – Ebby Slough
July 19th Sun.	Summer Fishout /Mtg.	Gordy Swanson's place on NF Stilly
July 24 th -26 th	Kalama Cup	Gordy Swanson's place on NF Stilly